## SMART MOVES TO AVOID FALLING DOWN

Slips, trips & falls account for 15% of all accidental deaths, second only to motor vehicles as a cause of fatalities.

Every 11 seconds, an older adult is treated in the emergency room for a fall.

With our featured course you'll increase awareness of

With our featured course you'll increase awareness of hazards, and learn tips to prevent slips, trips and falling down.

## **How to Access MEL Safety Institute's Online Training Courses**

- 1. Click the following link for the MEL Safety Institutes Learning Management System: <a href="www.firstnetcampus.com/meljif">www.firstnetcampus.com/meljif</a>
- 2. If you have previously taken MSI classes, enter your username and password. If you are new, click 'New User Registration.' Complete the fields and you will receive an email with your username and password.
- 3. Click on the On-Line Training Courses, at bottom right.
- 4. Click the course you would like to complete.
- 5. Click 'Enroll'.
- 6. Click the 'My Training' tab on the top blue tool bar.
- 7. Click the program name to launch the course.
- 8. Upon completion of the course and questions navigate to the 'Student Center' tab to print your Certificate of Completion.

  Transcripts are automatically updated in the MEL Safety Institute's Learning Management System.

Questions? Contact the MSI Help Line (866) 661-5120. The MEL Safety Institute can also be accessed anytime by going to <u>www.njmel.org</u>.

